

# July



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>★ ☆</p> <p>7</p> <p>Ask each person to listen carefully to the homily at Mass today for one idea to implement this week.</p>	<p>1</p> <p>Let one person choose a favorite prayer for the whole family to say together.</p>	<p>2</p> <p>Recite the Guardian Angel prayer before bedtime.</p>	<p>3</p> <p>Bless the television set and ask for help in using it in God's service.</p>	<p>4</p> <p>★ ★</p> <p>Make a paper flag and hang it in the window to celebrate our country.</p>	<p>5</p> <p>Attend First Friday Mass or benediction as a family.</p>	<p>6</p> <p>Prove to someone you love that you are trustworthy. Make a promise and keep it.</p>
<p>14</p> <p>Pay close attention at Mass today and find something cool you hadn't previously noticed.</p>	<p>8</p> <p>Gather as a family and take turns sharing something good that happened to you today.</p>	<p>9</p> <p>Share the joy of being a child of God. Tell a joke and make someone laugh.</p>	<p>10</p> <p>Make cookies together using a recipe. Talk about how following God's recipe for our lives will make something wonderful, too.</p>	<p>11</p> <p>Talk about what you would say to Jesus if he came to visit you.</p>	<p>12</p> <p>Observe a meatless Friday today. Order a vegetarian pizza and relax.</p>	<p>13</p> <p>Donate canned goods to a soup kitchen.</p>
<p>21</p> <p>Attend Mass as a family and pray for peace.</p>	<p>15</p> <p>Select a person or situation in the news and devote a family prayer to it.</p>	<p>16</p> <p>Write down all the kind and loving phrases you can think of. See how many you can use today.</p>	<p>17</p> <p>Sing a song that tells God how much you love him.</p>	<p>18</p> <p>As a family, pick one of the seven virtues and practice it all day. (Faith, hope, charity, prudence, justice, fortitude, and temperance.)</p>	<p>19</p> <p>Take a day off from TV, phones, and computers and ask each person to share a favorite family memory.</p>	<p>20</p> <p>Say, "I'm sorry" to someone you've injured and go to Confession to celebrate God's unending mercy.</p>
<p>28</p> <p>Eat ice-cream sundaes after Mass today to celebrate the Lord's Day.</p>	<p>22</p> <p>In honor of St. Joseph, do something nice for your father.</p>	<p>23</p> <p>Pick one person and have everyone else list five things they like about that person. Continue until everyone has had a turn.</p>	<p>24</p> <p>Light a candle and confess a sin. Promise God you'll try never to do it again.</p>	<p>25</p> <p>Take every opportunity today to say, "I love you."</p>	<p>26</p> <p>Celebrate the feast day of Sts. Joachim and Ann, Jesus' grandparents.</p>	<p>27</p> <p>Bring a meal to someone who is homebound.</p>
<p>28</p> <p>Help make your family more loving and patient. Resolve to only use kind words toward each other.</p>	<p>29</p> <p>In honor of St. Martha today, clean house and share a special meal.</p>	<p>30</p> <p>Help make your family more loving and patient. Resolve to only use kind words toward each other.</p>	<p>31</p> <p>Ask St. Francis to watch over our Pope.</p>			